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FOR IMMEDIATE RELEASE

"Secrets" is the theme of the 22nd Annual Central Valley Teen Parent Conference on February 24, 2010 at the Holiday Inn in downtown Fresno.

The conference is designed to help teens plan for their future and promote their child's health and well-being. More than 300 parenting teens are expected to attend workshops offered in English and Spanish, addressing issues such as stress management for young parents, infant and toddler development, positive discipline strategies, and college and career choices. This event is completely devoted to teen parents and is a "baby free" day.

The Fresno County California School-Age Families Education (Cal-SAFE) Consortium coordinates this one-day conference. According to Barbara Miller, Health Services Director and Coordinator of the Fresno County Cal-SAFE Program, "The teen conference is a day designed to meet the many needs of teen parents and their children with the goal of improving their educational outcome."

A special highlight of this year's conference will be a performance of *"Secrets"*, a Kaiser Permanente Educational Theatre Program production, which uses humor, drama, music and an ethnically diverse ensemble to educate students about HIV and sexually transmitted infections.

Partial funding for the conference is provided by First Five of Fresno County. Registration fee is \$12 per student and \$16 per adult; student scholarships are available. Breakfast snacks and lunch are provided.

For additional information, please contact Kayla Wilson, Fresno County Office of Education School Readiness Coordinator, at 265-3098, ext. 3239.

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